

A Stable FEM Framework for Coupled PDE–ODE Bioheat Models with Nonlinear Boundary Conditions.

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Motivation and Model: Classic Pennes Model

Pennes (Bioheat Transfer) Equation

$$c\rho u_t - \nabla \cdot (k\nabla u) + c_b\rho_b\omega_b(u - u_b) = f,$$

u : tissue temperature

u_b : blood temperature

ρ : tissue density

ρ_b : blood density

c : tissue specific heat

c_b : blood specific heat

k : tissue conductivity

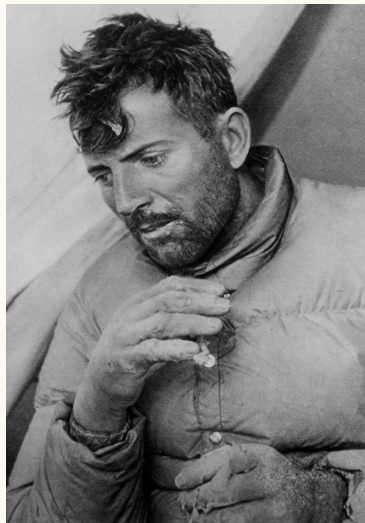
ω_b : blood vol. flow rate

f : source (e.g. metabolism)

Blood–Tissue Energy Exchange

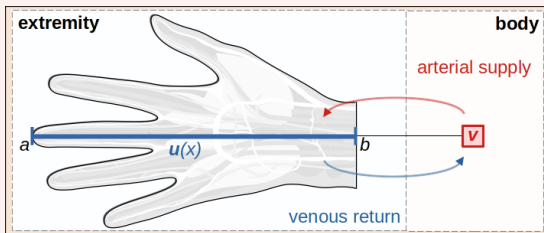
Units of $c_b\rho_b\omega_b$ are $[\text{W m}^{-3} \text{ } ^\circ\text{C}^{-1}]$.

Interpret as *energy exchanged* per unit volume per degree difference in u and u_b .



Maurice Herzog, 1950, having lost his gloves leading the first successful climb of Annapurna.

Motivation and Model



Bioheat Transfer Equation

$$cu_t - \nabla \cdot (k \nabla u) + \mathbf{R}(\mathbf{u}, \mathbf{v}) = f, \quad (1a)$$

$$-k \nabla u \cdot \nu = \alpha(\mathbf{u}, \mathbf{v}) \quad (1b)$$

$$u(x, 0) = u_{\text{init}}(x) \quad (1c)$$

Body Temperature

$$\kappa \frac{dv}{dt} + \mathbf{S}(\mathbf{v}, \langle \mathbf{u} \rangle_{\Omega}) = g \quad (2a)$$

$$\mathbf{v}(0) = \mathbf{v}_{\text{init}} \quad (2b)$$

$$\text{Define } \langle u(t) \rangle_{\Omega} := |\Omega|^{-1} \int_{\Omega} u(\cdot, t) dx$$

Assumptions

(a) \mathbf{R} , \mathbf{S} , α are Lipschitz with constant L .

(b) $\alpha \in C^4(\Omega)$ and has derivatives bounded by L .

(c) $\kappa > 0$ and $c, k \in L^{\infty}(\Omega)$ with $0 < k_{\min} \leq k(x) \leq k_{\max} < \infty$ for a.e. $x \in \Omega$; similar for c .

(d) $f \in L^2(0, T; L^2(\Omega))$ and $g \in L^{\infty}(0, T)$

Linear Model: Coefficients

Constant Coefficient (Linear) Model

$$R(u, v) = \mathbf{A}(u - v)$$

$$S(u, v) = \mathbf{B}(v - \langle u \rangle_{\Omega})$$

$$\alpha(u, v) = \begin{cases} \mathbf{C}_{\text{air}}(u - u_{\text{air}}), & u \in \partial\Omega_{\text{air}}, \\ \mathbf{C}_{\text{wrist}}(u - v), & u \in \partial\Omega_{\text{wrist}}. \end{cases}$$

	Cof.	Value	Source	Units	Motivation
Empirical	c	3.5×10^3	[1]	$[\text{J kg}^{-1} \text{ } ^\circ\text{C}^{-1}]$	heat capacity, muscle
	c_b	3617	[1]	$[\text{J kg}^{-1} \text{ } ^\circ\text{C}^{-1}]$	heat capacity, blood
	k	0.42	[1]	$[\text{W m}^{-1} \text{ } ^\circ\text{C}^{-1}]$	thermal conductivity, muscle
	ρ_b	1050	[1]	$[\text{kg m}^{-3}]$	density, blood
	ω_b	1.1×10^{-3}	[2]	$[\text{L L}^{-1} \text{ s}^{-1}]$	normothermic hand blood flow rate
	\mathbf{A}	$\mathbf{c}_b \rho_b \omega_b$	[3]	$[\text{W m}^{-3} \text{ } ^\circ\text{C}^{-1}]$	coefficient from Pennes equation
Semi-Empirical	u_0	34	[2]	$[^\circ\text{C}]$	approximate mean skin temperature
	v_0	37	[2]	$[^\circ\text{C}]$	normothermic deep body temperature
	f	0	[2]	$[\text{W m}^{-3}]$	hands produce little internal heat
	g	700	[4]	$[\text{W m}^{-3}]$	maximal shivering metabolic heat generation rate
	\mathbf{C}_{air}	136	[2]	$[\text{W m}^{-2} \text{ } ^\circ\text{C}^{-1}]$	energy dissipation coefficient from external temp. where exposed skin freezes in seconds
	u_{air}	-40	[5]	$[^\circ\text{C}]$	
Heuristic	u_1	10	[5]	$[^\circ\text{C}]$	little or no local blood flow
	u_2	32		$[^\circ\text{C}]$	normothermic local blood flow
	v_1	28		$[^\circ\text{C}]$	cessation of extremity blood flow
	v_2	37		$[^\circ\text{C}]$	normothermic extremity blood flow
	\mathbf{B}	0.07 \mathbf{A}		$[\text{W m}^{-3} \text{ } ^\circ\text{C}^{-1}]$	ad hoc
	$\mathbf{C}_{\text{wrist}}$	100		$[\text{W m}^{-2} \text{ } ^\circ\text{C}^{-1}]$	ad hoc

Table 1: Coefficients used in numerical experiments.

[1] IT'IS Database for thermal and electromagnetic parameters of biological tissues

[2] Taylor, et al. (2014); *Hands and feet: physiological insulators, radiators and evaporators*.

[3] Pennes (1948); *Analysis of Tissue and Arterial Blood Temperatures*

[4] Boron (2012); *Medical Physiology, 2nd Edition*

[5] Collins (1983); *Hypothermia: The Facts*

Linear Model: Simulation

Constant Coefficient (Linear) Model

$$R(u, v) = A(u - v)$$

$$S(u, v) = B(v - \langle u \rangle_{\Omega})$$

$$\alpha(u, v) = \begin{cases} C_{\text{air}}(u - u_{\text{air}}), & u \in \partial\Omega_{\text{air}}, \\ C_{\text{wrist}}(u - v), & u \in \partial\Omega_{\text{wrist}}. \end{cases}$$

Theoretical Results: Weak and Discrete Schemes

Weak Form

We seek $u \in L^2(0, T; H^1(\Omega))$ with $\partial_t u \in L^2(0, T; H^1(\Omega)')$ and $v : (0, T] \rightarrow \mathbb{R}$ such that

$$\begin{aligned} (c \partial_t u, \varphi) + (k \nabla u, \nabla \varphi) + (r(u, v), \varphi) - (\alpha(u, v), \varphi)_{\partial\Omega} &= (f, \varphi), \quad \varphi \in H^1(\Omega), 0 < t \leq T, \\ u(\cdot, 0) &= u_{\text{init}} \in L^2(\Omega), \\ \kappa \frac{dv}{dt} + s(t, v, \langle u \rangle_\Omega) &= g, \quad 0 < t \leq T, \\ v(0) &= v_{\text{init}}. \end{aligned}$$

Fully Discrete Scheme

We discretize by order 1 Lagrange finite elements in space and by backward-Euler in time. That is, for each $t^n = n\tau$ for $n > 0$, we seek $(U^n, V^n) \in V_h \times \mathbb{R}$ such that

$$\begin{aligned} (c d_t U^n, \chi) + (k \nabla U^n, \nabla \chi) + (r(U^n, V^n), \chi) - (\alpha(U^n, V^n), \chi)_{\partial\Omega} &= (f^n, \chi), \quad \chi \in V_h, \\ d_t V^n + s(V^n, \langle U^n \rangle_\Omega) &= g^n, \end{aligned}$$

$f^n := f(\cdot, t^n)$ and $g^n := g(t^n)$, $V_h \subset H^1(\Omega)$ is the test space, and d_t is the standard backward difference operator.

Theoretical Results: Stability Results

Theorem (Stability estimate) *Let Assumptions (a) through (d) hold and let the trace theorem hold with constant C_{trace} . Let also (u, v) be a (weak) solution of (1)-(2). Define*

$$\mathbf{E}(t) := (c u, u)_{L^2(\Omega)} + \kappa v^2, \quad 0 < t \leq T.$$

Then there exist constants $A > 0$ and $C \geq 0$ depending only on k_{\min} , L , C_{trace} , $|\Omega|$, and $|\partial\Omega|$ such that

$$\mathbf{E}(t) \leq e^{At} \left[\mathbf{E}(0) + C t + \int_0^t (\|f(s)\|^2 + |g(s)|^2) ds \right].$$

Corollary (Bound on $\frac{dv}{dt}$)

Under the assumptions of the previous theorem, there exist constants $C_1, C_2 > 0$, depending only on c_{\min} , k_{\min} , κ , L , C_{trace} , $|\Omega|$, $|\partial\Omega|$, T , and data $\|u_{\text{init}}\|_{L^2(\Omega)}$, $|v_{\text{init}}|$, $\|f\|_{L^2(0,T;L^2(\Omega))}$, $\|g\|_{L^\infty(0,T)}$, such that

$$\sup_{t \in [0, T]} \left| \frac{dv}{dt} \right| \leq C_1 + C_2 e^{AT/2}.$$

Theoretical Results: Discrete Results

Theorem (Discrete stability estimate) Let (U^n, V^n) be the solution of the discrete problem with initial data $(u_{\text{init},h}, v_{\text{init}})$. Set

$$\mathbf{E}^n := (c^n U^n, U^n)_{L^2(\Omega)} + \kappa (V^n)^2, \quad 0 < n \leq N_T.$$

Then, under the same prior assumptions, there exist constants $A > 0$ and $C > 0$ depending only on k_{\min} , L , C_{trace} , $|\partial\Omega|$, and $|\Omega|$ such that for all $0 \leq n \leq N_T$:

$$\mathbf{E}^n \leq \frac{\mathbf{E}^0}{(1 - \tau A)^n} + \tau \sum_{k=1}^n \frac{\|f^k\| + |g^k| + C}{(1 - \tau A)^{n-k+1}}, \quad \text{assuming } \tau < \frac{1}{A}. \quad (9)$$

Theorem (A-priori error estimate) Under the same assumptions as previous theorems, for every $h > 0$ and τ sufficiently small the total error \mathbf{e}^n satisfies

$$\|\mathbf{e}\|_{L^\infty(0,T;\mathcal{X})} \leq C(h^k + \tau), \quad (10)$$

where the constant $C > 0$ depends on c_{\min} , c_{\max} , κ , k_{\min} , L , $\|u\|_{L^2(0,T;H^k(\Omega))}$, $\|\partial_t u\|_{L^2(0,T;H^k(\Omega))}$, $\|\partial_{tt} u\|_{L^2(0,T;L^2(\Omega))}$, $\|\frac{d^2 v}{dt^2}\|_{L^2(0,T)}$, the mesh-shape regularity, and on T , but not on h or τ .

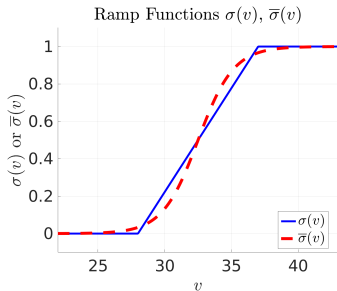
Nonlinear Model: Nonlinear Coefficients

Ramp Functions

Let $\sigma : \mathbb{R} \rightarrow [0, 1]$ be continuous, monotonically increasing, and s.t.

$$\lim_{x \rightarrow -\infty} \sigma(x) = 0 \quad \text{and} \quad \lim_{x \rightarrow +\infty} \sigma(x) = 1. \quad (11)$$

Examples



Clipping Functions

For $M > 0$, let $T_M : \mathbb{R} \rightarrow [-M, M]$ be defined

$$T_M(x) = \max\{-M, \min\{x, M\}\}. \quad (12)$$

We write $\tilde{u} = T_M(u)$.

Nonlinear Coefficients

Let

$$r(u, v) = A\sigma(\tilde{u})\sigma(v), \quad (13a)$$

$$s(v, \langle u \rangle_\Omega) = B\sigma(v)\sigma(\langle u \rangle_\Omega), \quad (13b)$$

and let

$$R(u, v) = r(u, v)(\tilde{u} - v), \quad (14a)$$

$$S(v, \langle u \rangle_\Omega) = s(u, v)(v - \langle u \rangle_\Omega). \quad (14b)$$

The earlier stability results can be used to show that (14) are Lipschitz.

Nonlinear Model: Simulation

Nonlinear Coefficient Model

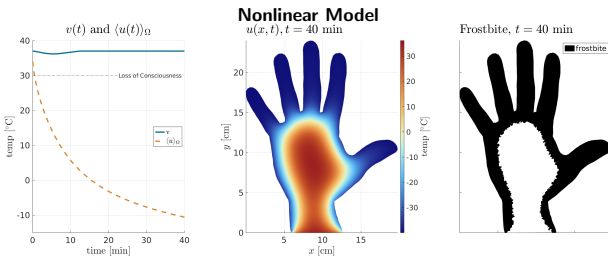
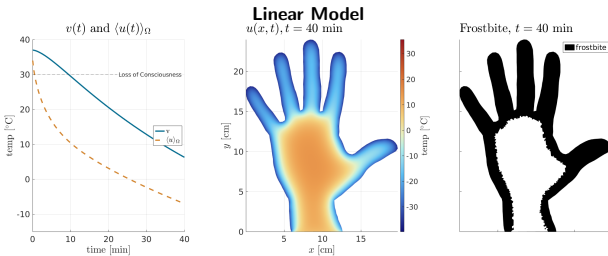
$$R(u, v) = r(u, v) (\tilde{u} - v), \quad \text{where } r(u, v) = A \sigma(\tilde{u}) \sigma(v), \quad (15a)$$

$$S(u, v) = s(u, v) (v - \langle u \rangle_\Omega), \quad \text{where } s(u, v) = B \sigma(\langle u \rangle_\Omega) \sigma(v). \quad (15b)$$

All parameters (including A and B) as in Table 1.

Note: $v(t) \leq v_{\text{init}}$ is enforced using a constraint operator.

Nonlinear Model: Comparison with Linear Model



Note: $v(t) \leq v_{\text{init}}$ is enforced using a constraint operator.

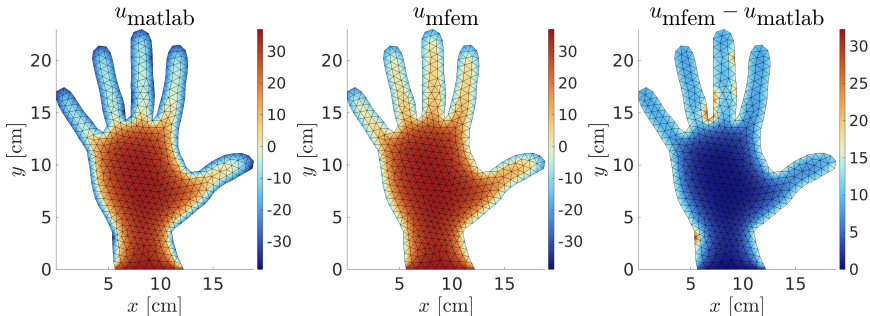
MFEM Results: Comparison of MFEM and MATLAB

Simplifications:

- $\nu = 37$ (i.e. system decoupled)
- Elliptic (not parabolic)
- Constant coefficient (linear) model

Features Retained:

- Mixed BC's (Robin and Dirichlet)
- Realistic domain geometry



Comparison of MFEM and MATLAB Results

Summary

Coupled PDE–ODE Model: Bioheat transfer in tissue (u) via PDE and core temperature (v) via ODE, coupled through R, S and boundary condition α .

Energy Stability: Established energy functional $E(t) = \frac{1}{2} (\|u\|_{L^2}^2 + |v|^2)$, yielding stability bound and $\sup |dv/dt| < \infty$.

A Priori Estimate: Fully discrete backward-Euler–Galerkin scheme satisfies

$$\max_n \{ \|u(\cdot, t_n) - U^n\|_{L^2(\Omega)} + |v(t_n) - V^n| \} \leq C (h^2 + \Delta t).$$

Nonlinear Extension: Introduced ramp coefficients to define $r(u, v), s(v, \langle u \rangle_\Omega)$; shows physiologically reasonable behavior.

Simulation: Compared linear vs nonlinear dynamics; compared MFEM and MATLAB on a simplified problem.